



## HOSPITALITY INSTITUTE OF TECHNOLOGY AND MANAGEMENT

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# HITM'S "SAFE HANDS" PROGRAM

### The Foodborne Illness Hazard

It has been estimated that there are about 76 million foodborne illnesses each year in America, resulting in 325,000 hospitalizations and 5,000 deaths. Government statistics indicate that at least 25 percent of these illnesses are due to improper hand washing. These illnesses cost billions of dollars in medical charges, lost wages, lost business, lawyers' fees, and legal claims, and can lead to long-term debilitating illnesses. To avoid causing foodborne illnesses, good personal hygiene practices, particularly when handling food must be followed and maintained.

### Hand Washing and Food Safety

A part of any effective food safety program must include correct, safe hand washing performed by employees as they handle and prepare food. Employees must be taught to know why hand washing is critical to food safety and how and when to wash their hands and fingertips to reduce the pathogenic bacteria found particularly underneath the fingernails.

### HITM's "Safe Hands" Program

Zero-defect, safe hand and fingertip washing is no mystery once you have helped your employees master the material in HITM's "Safe Hands" Program. Safety does not happen by itself. It comes by following the steps outlined below, by ensuring that your employees know why these steps exist, and empowering them to follow the procedures outlined in this program. Your

employees can learn this information from the Safe Hand Washing video and the training materials in this program.

The components of this program provide you with the materials you need to have correct employee hand washing in your facility.

- Educational materials: video tape, written materials for training, Glo-Germ kit for hand washing demonstrations
- Hand washing supplies: fingernail brush, hand washing poster
- Testing and record keeping documents

If you initiate the "Safe Hands" Program, HITM will provide your facility with a dated "Safe Hands" wall certificate and "Safe Hands" certification lapel pins for your employees who have gone through hand washing training. We will provide a customer information brochure with your name on it so that your customers can read about what your "Safe Hands" program does. To maintain your "Safe Hands" program, you need to train your new employees before they begin handling food. Also, HITM recommends that every six months, you retrain your employees with HITM's "Safe Hands" materials. At that time, HITM will provide you with a new "Safe Hands" wall certificate and employee recertification wallet cards.

### "Safe Hands" Components

Below are the materials for HITM's "Safe Hands" starter kit.

1. Manager's Information on Safe Hand Washing
2. Employee Safe Hand Washing Policies, Procedures, and Standards
3. Video tape: Safe Hand Washing (English or English / Spanish)
4. Safe Hand Washing Policy
5. Employee Safe Hand Washing Test and Record
6. Safe Hand Washing Checklist
7. Safe Hand Washing Poster for above the hand sink
8. Anchor Surgeon's Brush: Super Scrub #2000B
9. Glo-Germ kit: white fluorescent gel for hand washing training; white tracking powder to show what people touch and how they transfer germs; fluorescent light to cause the powder to "glow" in a darkened room (jar of Glo-Germ fingerprint mixture included)
10. "Safe Hands" Certification Sheet
11. "Safe Hands" Recertification Sheet
12. "Safe Hands" Employee Certification Lapel Pins (10 pins for initial training)



The cost of the starter kit, plus the brochures and wall certificate, is \$205.00, plus \$2.00 each for extra lapel pins. (Please add \$30.00 if you need an English / Spanish video tape instead of an English only tape.)

Upon completing your initial "Safe Hands" training, as described in the starter kit materials, you will contact HITM to receive the following.

1. "Safe Hands" Customer Brochure (packet of 25 for customer distribution and original for photocopying)
2. "Safe Hands" Dated Wall Certificate

Then, for each retraining, you will contact HITM to receive the following recertification materials.

1. Personalized "Safe Hands" Employee Recertification Wallet Cards (for each recertified employee)
2. "Safe Hands" Dated Wall Certificate (for recertification, showing ongoing commitment to "Safe Hands")
3. "Safe Hands" Customer Brochure (packet of 25 for customer distribution)

The only cost to you for these retraining materials is \$18.00.

*O. Peter Snyder Jr., Ph.D.*

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President, HITM

\_\_\_ YES! Please send me \_\_\_ HITM's total "Safe Hands" Program(s) with all materials and supplies for \$205.00 each, or \_\_\_ \$235 with the English / Spanish video tape). I look forward to implementing an ongoing "Safe Hands" Program(s) in my establishment.

It is possible to purchase some of the above items individually, as follows.

\_\_\_ (quantity) Video tape, English..... \$65.00 each: total \_\_\_\_\_  
 \_\_\_ (quantity) Video tape, English / Spanish ..... \$95.00 each: total \_\_\_\_\_  
 \_\_\_ (quantity) Safe hand washing poster (specify English or Spanish) ..... \$3.75 each: total \_\_\_\_\_  
 \_\_\_ (quantity) Anchor surgeon's brush ..... \$3.50 each: total \_\_\_\_\_  
 \_\_\_ (quantity) Glo-Germ kit (UV light style may vary; contact HITM) ..... \$102.00 each: total \_\_\_\_\_  
 \_\_\_ (quantity) Certification lapel pins (sold as a pack of 10)..... \$18.00 / pack: total \_\_\_\_\_

Note: Shipping is by post, unless otherwise specified. There is no charge for shipping in the U.S. except for:  
 1) orders under \$35 (\$4.00 added) or 2) special shipping (FedEx, UPS, etc.). (please specify \_\_\_\_\_)

Shipments within Minnesota may be subject to state, county, and/or city taxes.  
 Shipments going outside the U.S. will be charged at cost, to include tracking if necessary.

"Ship to" address: Name _____ Company _____ Address _____ City, State _____ Zip-code / postal code, country _____ Phone _____ e-mail _____	"Bill to" address if different: Name _____ Company _____ Address _____ City, State _____ Zip-code / postal code, country _____ Phone _____ e-mail _____
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\_\_\_ please invoice me OR \_\_\_ please charge my VISA/MasterCard. Name on card

\_\_\_\_\_ Card number \_\_\_\_\_ Expiry  
date \_\_\_\_\_

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